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## EDUCATION

- 1985 Doctor of Medicine from the Tokyo Medical and Dental University
- 1979 Graduated from the Masters' Courses (Department of Environmental Conservation),  
Tokyo University of Agriculture and Technology
- 1977 Graduated from the Tokyo University of Agriculture and Technology

## EMPLOYMENT HISTORY - ACADEMIC

- 1979 Assistant Professor, School of Medicine, Tokyo Medical and Dental University
- 1988 Researcher, Forestry and Forest Products Research Institute (FFPRI)
- 1992- 2001 Head of Research, FFPRI
- 2001- 2007 Head of the Team for Physiological Activity, FFPRI
- 2007- 2018 Professor, Center for Environment, Health and Field Sciences, Chiba University
- 2009- 2018 Vice President, Center for Environment, Health and Field Sciences, Chiba University
- 2019- Grand Fellow, Chiba University
- 2022- Emeritus Professor, Chiba University

## AWARDS

- 2006 Japan Society of Physiological Anthropology Award
- 2000 Minister of Agriculture, Forestry and Fisheries (MAFF) Award,  
“Study of Enhancement Effects on Comfort of Woods and *Shinrin-yoku* (forest bathing)”

## PUBLICATIONS

One hundred and fifty-nine academic articles and 19 books (1 authored book published in 16 languages and 18 book chapters) in English. Eighty-six academic articles and 66 books (11 authored books and 55 book chapters) in Japanese. Nine books in Korean and Chinese versions (translation of Japanese authored book).

Full publications list at <http://www.fc.chiba-u.jp/research/naturetherapy/publications-e.html>